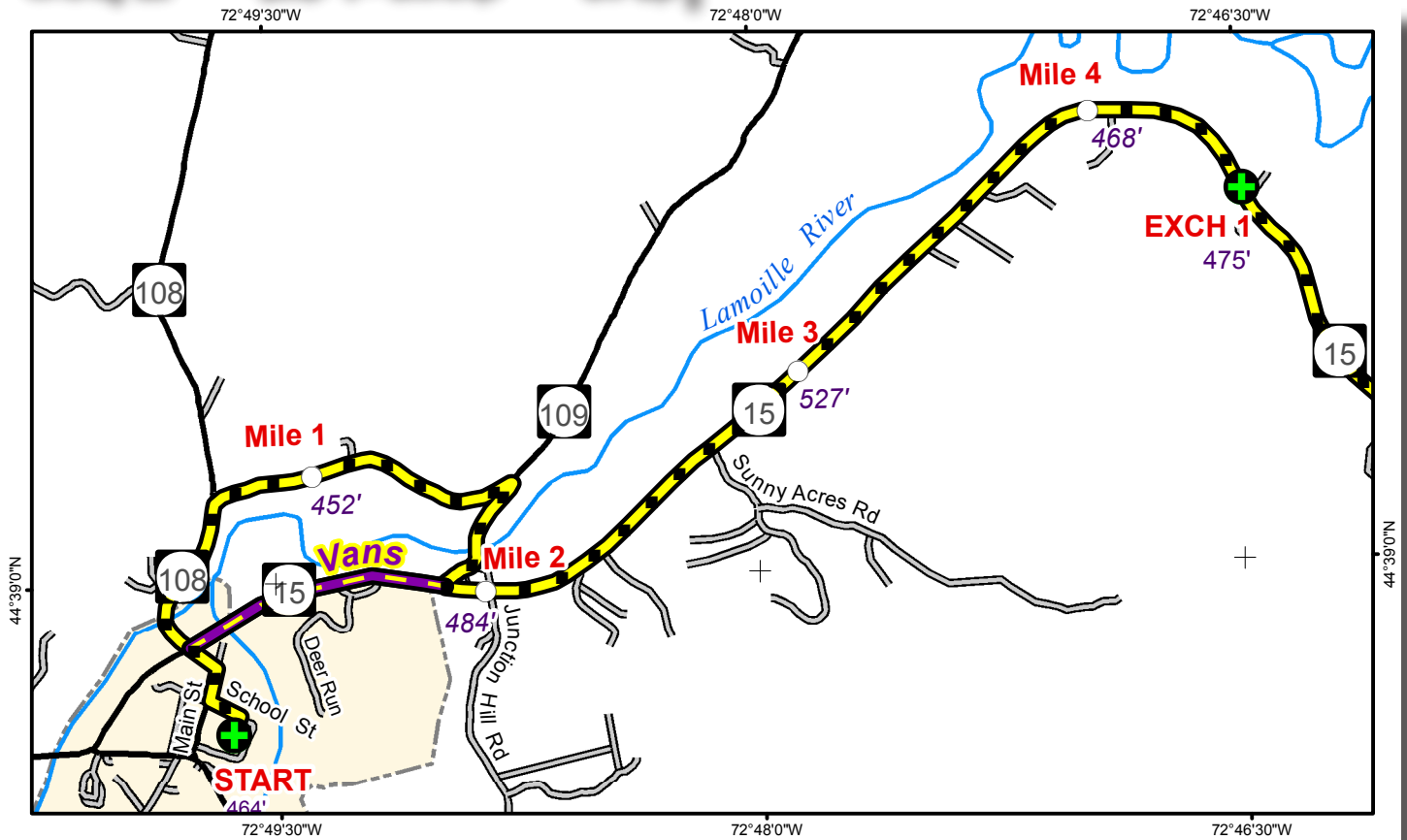


LEG 1 -- 4.5 MILES -- EASY



LEG DESCRIPTION - Combination of small town, farmland, and a covered bridge.

Terrain – gently rolling

Surface – paved shoulder

LEG NOTES

Runners on left side of road, good shoulder along RT 15 – CAUTION – oncoming vehicle traffic

Vans - follow runners route to RT 15 then turn right to exchange; do not follow runners on RT 108 to covered bridge

Exchange Parking – turn left into exchange; park in spaces available; do not block garage doors; CAUTION – watch out for runners

MILEAGE

0.0 Start - Cambridge Elementary School - exit school turning left on School St

0.1 Turn right RT 108 (Main St)
 0.2 Turn left RT 108
 0.3 CAUTION - busy intersection with flashing red light; cross RT 15 following RT 108
 VANS - turn right on RT 15 and continue on to Exchange
 0.7 Turn right RT 109
 1.5 Turn right Cambridge Junction Road
 1.8 Poland Covered Bridge
 1.9 Turn left RT 15 East
 4.5 Exchange 1 - VTRANS District 8 - Cambridge Unit

